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"A brave, compassionate, and necessary memoir about love on the spectrum."

Lee Kravetz, author of Sylvia P.

Disconnected powerfully portrays the obstacles that neurodiverse couples must overcome to keep their love alive.

"A powerful testimony about the ways neurodiverse couples can cause each other unintentional hurt."

Mona Kay, MSW, Ph.D., host of the 'Neurodiverse Love' podcast

MORE ABOUT THE BOOK

In a late-life romance, Eleanor marries Lars, a brilliant database expert, believing their fairytale love will last forever. However, just months later, Eleanor finds herself in COVID lockdown with her new husband as he loses his job and pulls away from her with angry outbursts. Day by day, their marriage fractures.

As Eleanor's fears about Lars' autistic profile are heightened, she struggles to understand him and their growing conflict. Even as both partners are diagnosed with cancer, Eleanor fights for what she hopes is possible in their marriage and encourages Lars to do the same.

That is until Lars refuses to work with an autism coach to improve their communication and Eleanor must decide whether she will give up her dream of happiness and, if so, how.

Disconnected powerfully portrays the obstacles that neurodiverse couples must overcome to keep their love alive. It will resonate with anyone who struggles to grasp how even the closest bonds can break, and then must create a new life.

GENRE: Memoir

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ABOUT THE AUTHOR

Eleanor Vincent is a memoirist and essayist whose work has been recognized by the Feminist Writers' Guild and published in numerous journals and anthologies. Her previous memoir, Swimming with Maya: A Mother's Story (Dream of Things, 2013) has twice been on The New York Times bestseller list and was a finalist for the Independent Publisher of the Year Award. Her essays have appeared in anthologies by Creative Nonfiction and This I Believe, the literary magazines 580 Split and Dorothy Parker's Ashes, as well as shorter pieces in the San Francisco Chronicle, the Sacramento Bee, and Generations Today. She has an MFA in creative writing from Mills College and is a member of the Author's Guild, the San Francisco Writers Grotto, and Left Margin Lit. She has taught creative nonfiction seminars at Mills College as a visiting writer and been awarded residencies at Hedgebrook, the Vermont Studio Center, and Between the Vines. She lives in Walnut Creek, California.

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